Refocus Your Lens: Viewing Behavior as Communication



Kids Included Together

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Presenter





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Teaching disability inclusion practices to people and organizations who serve children

Earn CEUs



Follow these steps to earn CEUs for this training:

- 1. Click or Copy/Paste the **CEU quiz link** in the Supplemental Resource Handout.
 - If you can't access the link, email <u>CEUs@kit.org</u> with:
 - Your name
 - Installation name
 - Training name(s) & date(s) attended
- 2. Pass the quiz with a score of **80%**.
 - You will receive your certificate by email within two weeks of passing the quiz



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Learning Objectives



Accurately describe how using the lens, *behavior is communication*, changes how a child is supported.

What is Behavior?



- Observable actions in response to people, places, and things
- Behavior may communicate:
 - How a person thinks and feels
 - How the person takes in the environment
 - An unmet need





What do you see?

- Practice describing what you see.
- Use action words
- Focus on body language
 - Facial expression
 - Movement/pose



Our Lenses





Refocus





• Blaming the family

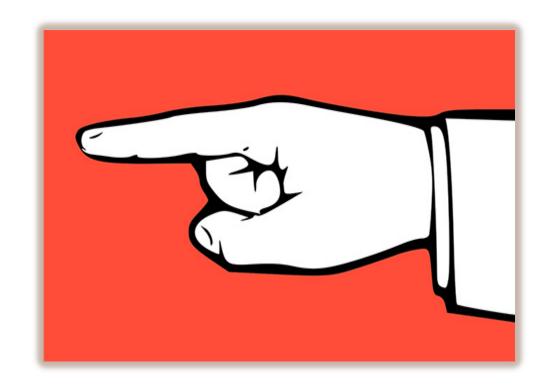
Relying on consequences to correct behavior

 Responding based on diagnosis

Blame Game (Parents)



- You have a responsibility to act
- Assume it's the parent's problem to fix
- Assume behavior is due to poor parenting



Consequences (or Punitive Measures)





ASSUMPTIONS

 \circ I thought this was ok

 Children ARE in control and should KNOW better

Unrealistic expectations

Diagnostic View



What information is most helpful for supporting a child?

- Interests, strengths, challenges
- Diagnosis



Bellyic is Communication



- Be a detective
- Receive children's messages
 - Don't take it personally
- Go beyond the surface
- Common functions of behavior



Reforming to Support Behavior



- 1. Practice describing behavior objectively
- 2. Encourage others to view behavior as communication by:
 - Understanding Messages
 - Considering the Child's perspective
 - \circ Doing their best
 - Problem-solving
 - Sharing your view with family
- 3. Practice using strength-based language

Get Avoid Meet Needs

Wrap-up





What changes when we use "Behavior is Communication " as our perspective?





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Please take the survey!





Q&A with Nili

You are welcome to unmute to ask a question, or type your question in the chat box.

What is one take-away or "a-ha" moment you discovered?





https://www.surveymonkey.com/r/KITvirtual

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