

# It's in the Bag: Creating a Bag of Tricks for Success with Real World Challenges



**Kids Included Together**

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# Presenter



**Nili Mathews CTRS**

**[nili@kit.org](mailto:nili@kit.org)**

*Teaching disability inclusion practices  
to people and organizations who serve children*

# Earn CEUs



*Follow these steps to earn CEUs for this training:*

1. Click or Copy/Paste the link to the **KIT Quiz Bin** website.
2. Create an account.
3. Select the quiz title and enter the **Quiz Code**.
4. Take quiz and pass with a score of **80%**.
5. Certificate is available, immediately.



**The website link and Quiz Code are on the Supplemental Resource Handout.**



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# Learning Objectives



**Match a Bag of Tricks item to the needs of a youth in your program.**

# Daily Dilemmas



**What are the  
hardest parts of the  
day?**



**How do you wish  
those parts of day  
would go better?**



**Let's Chat!**



10 min

4

# Think about one youth



**What is hardest  
for them?**




**What do you wish  
would go better?**

*What do you  
think they  
wish would  
go better?*



10 min

# Bag of Tricks

- 
- A red pushpin is pinned to the top center of a white, rounded rectangular sticky note.
- Calming supports
  - Visual supports
  - Transition supports
  - Alternate activities
  - Sensory items
  - Back pocket ideas

- Tangible objects
- Portable
- Support diverse needs in diverse situations



# Bag of Tricks



Do you use a bag of tricks in your programs?

1. We have a bag of tricks in all program areas
2. We have a bag of tricks in some program areas
3. We have a bag of tricks available for some of the kids who struggle most
4. Some staff use a bag of tricks
5. We will soon!

- **Back pocket ideas**



Polling Station



Calming  
Support

Visual  
Support

Transitio  
Support

Alternat  
Activitie

Sensory  
Items



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**Headphones**



**Fidgets**

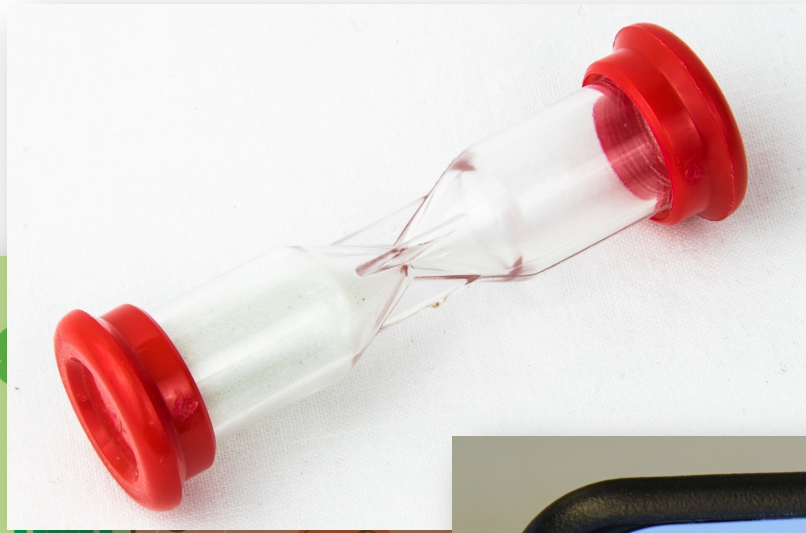
**Books**

**Exercise bands**

**Colored pencils**

**Blanket/  
Soft fabric**





# Keys to Success

- Know the youth
- Change items as needed
- Set expectations
- Available to everyone



# Build a Bag

Explore the items & consider the ideas you've heard

Think about the youth in your program

List the top 5 items you want in your Bag of Tricks

Think about what you wish would go better during the day AND what could help things go better for individuals!








20 min

**Kit**



Calm down    breathing













<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
1	2	3	4	5

				
breathe	breathe	breathe	breathe	breathe

 SNACK	 OUTSIDE	 FREE PLAY	 ASSEMBLY
--	--	--	---




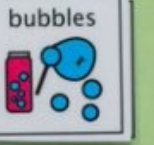


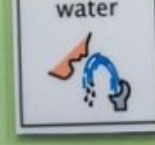
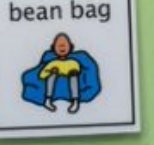

 FEET ON THE GROUND
 HANDS TO SELF
 HAVE FUN!

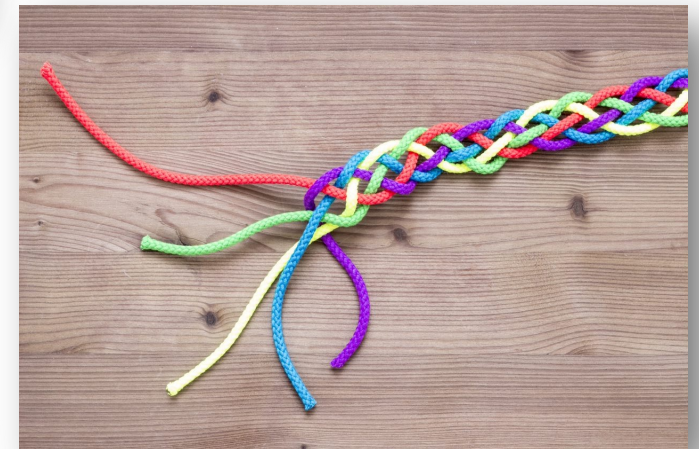
How Do You Feel Today?

happy 	anxious 	sick 	thirsty 
mad 	sad 	hungry 	bored 
excited 	scared 	tired 	snack 



What would help you feel better?

 music	 bounce on ball
 walk	 bubbles
 toys	 timer
 water	 bean bag
 book	





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20 min



Let's Chat!

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# Q & A with Nili

You are welcome to unmute to ask a question, or type your question in the chat box.

What is one take-away or “a-ha” moment you discovered?



<https://www.surveymonkey.com/r/KITvirtua>

**Kit**.org

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**Please take the survey!**

