

# Illinois Social and Emotional Learning Standards

GRADE CLUSTERS: Early Elementary | Late Elementary | Middle/Jr. High | Early H. S. | Late H. S.

## Goal 1

Develop self-awareness and self-management skills to achieve school and life success.

### Learning Standards

- A. Identify and manage one's emotions and behavior.
- B. Recognize personal qualities and external supports.
- C. Demonstrate skills related to achieving personal and academic goals.

## Goal 2

Use social-awareness and interpersonal skills to establish and maintain positive relationships.

### Learning Standards

- A. Recognize the feelings and perspectives of others.
- B. Recognize individual and group similarities and differences.
- C. Use communication and social skills to interact effectively with others.
- D. Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

## Goal 3

Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

### Learning Standards

- A. Consider ethical, safety, and societal factors in making decisions.
- B. Apply decision-making skills to deal responsibly with daily academic and social situations.
- C. Contribute to the wellbeing of one's school and community.

### **BENCHMARKS: LEARNING TARGETS more specific than LEARNING STANDARDS.**

There are two benchmarks per grade cluster for each SEL Learning Standard.

### **PERFORMANCE DESCRIPTORS: LEARNING TARGETS that build upon LEARNING STANDARDS and BENCHMARKS.**

Performance Descriptors provide greater detail of the specific SEL knowledge, reasoning, and skills highlighted in the standards.

