



## Integrating Academics and Social and Emotional Learning Activity Template

### Select the grade cluster that this activity will target

Early Elem (K–3)  Late Elem (4–5)  Middle/Jr. High (6–8)  Early HS (9–10)  Late HS (11–12)

### Review Foundational Practices for Afterschool Learning

#### Set goals

What are the academic needs of the students in your program? How will this academic enrichment activity address those needs?

#### Align with state and local standards

Coordinate with school-day staff to determine which academic standard(s) this activity will address as identified in the **Illinois Learning Standards**: <https://www.isbe.net/Pages/Learning-Standards.aspx>

#### Link activities to the school day

How will this activity extend school-day learning?

#### Incorporate real-world strategies

How will students be engaged by this activity? What resources are available to enhance students' experiences with this activity?

### Identify SEL Goal, Learning Standard, and Benchmark

Select the **SEL Goal** that your program will address with this activity.

- SEL Goal 1:** Develop self-awareness and self-management skills to achieve school and life success.  
 **SEL Goal 2:** Use social-awareness and interpersonal skills to establish and maintain positive relationships.  
 **SEL Goal 3:** Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Choose which of the **10 SEL Learning Standards** will be the focus of your activity.

**Goal 1:** Standard  A,  B,  C    **Goal 2:** Standard  A,  B,  C,  D    **Goal 3:** Standard  A,  B,  C

Choose a **SEL Benchmark**. Each SEL Learning Standard describes two benchmarks per grade cluster.

(The benchmarks are learning targets more specific than the standards.)

**Benchmarks for Goal 1 Learning Standards:** [https://www.isbe.net/Documents/SEL\\_goal1.pdf](https://www.isbe.net/Documents/SEL_goal1.pdf)

**Benchmarks for Goal 2 Learning Standards:** [https://www.isbe.net/Documents/SEL\\_goal2.pdf](https://www.isbe.net/Documents/SEL_goal2.pdf)

**Benchmarks for Goal 3 Learning Standards:** [https://www.isbe.net/Documents/SEL\\_goal3.pdf](https://www.isbe.net/Documents/SEL_goal3.pdf)

Selected benchmark:

### Review SEL Performance Descriptors

(Performance descriptors identify specific SEL skills.)

**Performance Descriptors– Grades 1–5:** [https://www.isbe.net/Documents/descriptor\\_1-5.pdf](https://www.isbe.net/Documents/descriptor_1-5.pdf)

**Performance Descriptors– Grades 6–12:** [https://www.isbe.net/Documents/descriptors\\_6-12.pdf](https://www.isbe.net/Documents/descriptors_6-12.pdf)

Selected skill(s):





**INTEGRATE** the academic standards and practices you identified above with the SEL standards you targeted to create an activity that will build a specific SEL skill or skills identified in the performance descriptors.

### Activity Description