

From Crayons



to Crowns!

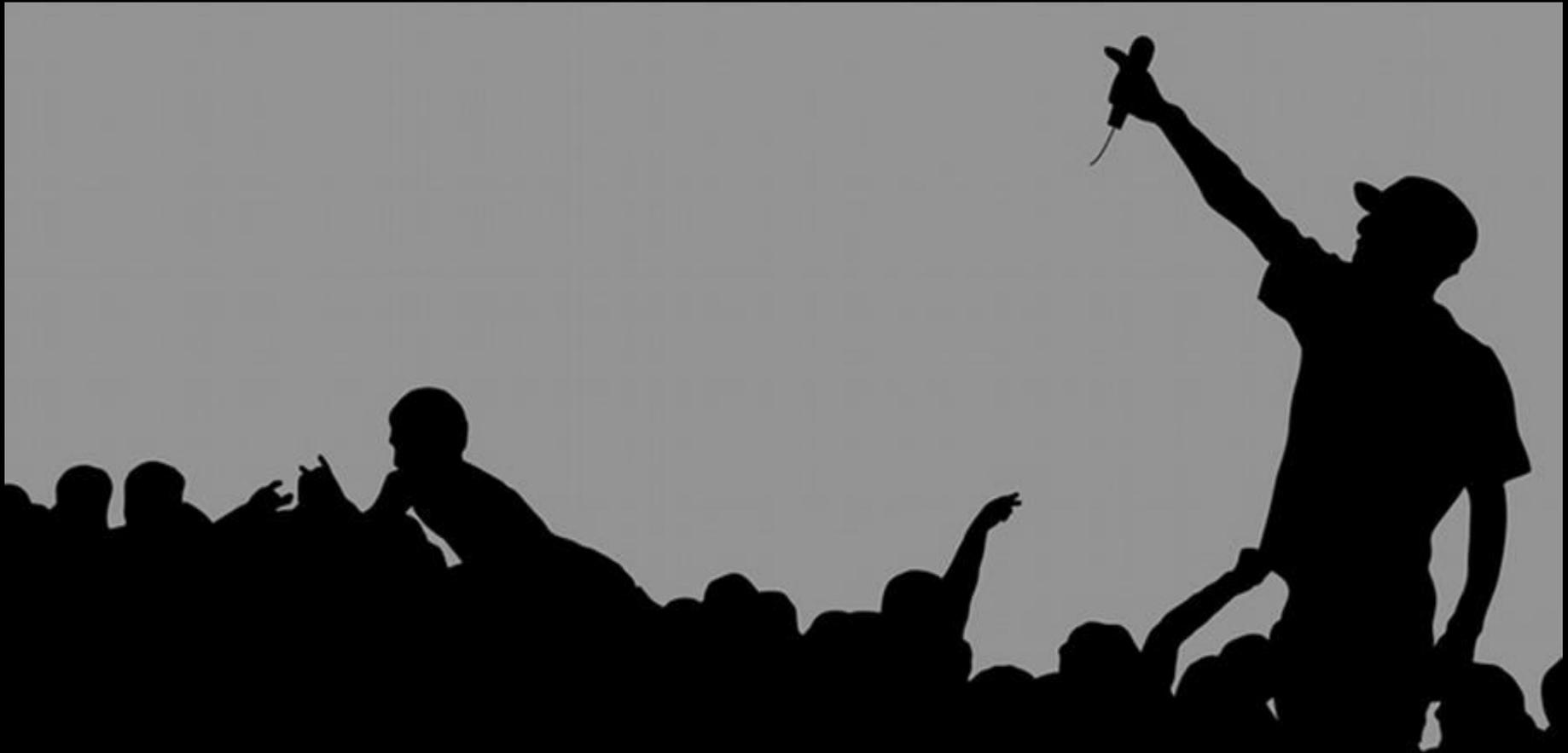
Tools, Activities, & Resources to Implement in your OST Teen Programs

Presenter: Rani M. Person

Chicago Youth Centers (CYC)

21st CCLC Site Coordinator

“Mic Check 1-2”



Chicago Youth Centers (CYC)



Where Possibilities Lives!

- ▶ 1956: The oldest non-profit organization in the city of Chicago offering youth services.
- ▶ 5: The number of youth centers across the city of Chicago offering Head Start, after school programming, teen enrichment activities, mentoring, and much more.
- ▶ 1st: While other organizations were solely focused on youth services for boys and young men, CYC was the first in the city of Chicago to expand their services to girls and young women.



Young Women's Leadership

Charter School



Young Women's Leadership
Charter School of Chicago

Girls of today, leaders of tomorrow.

- ▶ The **ONLY** all girls high school in the Chicago Public School System.
- ▶ We are **90%** African American, **5%** Caucasian American, **5%** Latina American.
- ▶ YWLCS specializes in a **STEM** focused initiatives that promotes young women pursuing careers in male dominated fields
- ▶ Like our brother school, Urban Prep, we have a **100%** graduation rate every school year.



ICEBREAKER

Using the two post-it notes on the desk/table in front of you answer the following questions...

1.

Think of your teen student who drives you up the wall, gets under your skin, and/or makes you throw your hands up and almost call it quits...

Write down one word that describes him or her.

2.

Close your eyes for a minute and go back down memory lane to your high school days. Don't tell on yourself and give us the year, but think back to you in your teens...

Write down the one negative thing people assumed about you or called you.



The most
dangerous phrase
in the language is "we've
always done it this way."

Rear Admiral Grace Hopper

Quote: Grace Hopper
Computer Scientist & Navy Rear Admiral

Why are we talking about CRAYONS

if we're talking about TEENS?

CRAYONS, in this case, is symbolizing the
common after school programming for teens...

Card Games / Board Games

Sports

Drawing / Coloring

Reading-Library time

Free Play

Movie

Homework

Computer-Free time



CROWD PARTICIPATION

If the “CRAYONS” are all we offer...

What's the difference between our
AFTER SCHOOL PROGRAMS



versus
A BABYSITTER?



Harvard Family Research Project – 2011

“Helping Older Youth Success Through Expanded Learning Opportunities”

- ▶ *“The Role of Expanded Learning Opportunities in School Success for Older Youth ELOs work with schools, families and communities to help keep middle and high school youth engaged in learning. Sustaining the interest of older youth in learning is particularly critical given that nearly one in four students fail to graduate from high school on time. Research indicates that regular participation in quality ELOs can help keep older youth on a positive academic trajectory and support their successful graduation and transition into college and/or career. Outcomes related to high school success and college readiness include the following...”*
-



Harvard Family Research Project – 2011

“Helping Older Youth Success Through Expanded Learning Opportunities”

- 1. Higher rates of school attendance and lower drop-out rates.*
- 2. Improved attitude towards school.*
- 3. Stronger connections to adults and peers.*
- 4. Improved health and ability to make healthy choices.*
- 5. More opportunities to learn about and choose college and career choices.*



Harvard Family Research Project – 2011

“Helping Older Youth Success Through Expanded Learning Opportunities”

The strategies of successful programs include...

1. *Providing a variety of leadership opportunities so that youth have a voice and a sense of belonging and ownership.*
 2. *Supporting the specific developmental needs and interest of older youth (e.g., programming that helps youth achieve concrete goals, choices in activities).*
 3. *Allowing for flexibility in recognition of the fact that older youth have other responsibilities, including work and family obligations.*
 4. *Employing staff who can form strong relationships with youth participants and who demonstrate that they care about them.*
 5. *Offering a safe and nurturing environment that creates a sense of community.*
 6. *Providing opportunities for intentional and meaningful peer interaction.*
-



Most of us have the CORE (the external),
but what about the CONTENT (the internal).



After school programs have the opportunity to be the gateway into the ADULTHOOD journey and experience **beyond the books** for teens / young adults.



A COLLEGE EDUCATION HAS MORE **RETURN ON INVESTMENT** FOR A GRADUATE IN THE **UNITED STATES** THAN ANY OTHER NATION



MORE THAN 75% OF STUDENTS REQUIRED TO TAKE REMEDIAL CLASSES NEVER GRADUATE



70% OF AMERICANS WILL STUDY AT A 4-YEAR COLLEGE, BUT **LESS THAN 2/3** WILL GRADUATE



30% OF COLLEGE AND UNIVERSITY STUDENTS **DROP OUT** AFTER THEIR FIRST YEAR



60% OF COLLEGE DROPOUTS HAD **NO HELP** FROM PARENTS IN PAYING FOR TUITION

SEE YA!



A HIGH SCHOOL GRADUATE EARNS **84% LESS** THAN A TYPICAL GRADUATE FROM A FOUR-YEAR COLLEGE



BEING UNABLE TO BALANCE **SCHOOL, JOBS AND FAMILY** IS ONE OF THE TOP REASONS FOR DROPPING OUT



DROPOUT

STATISTICS OF A COLLEGE DROPOUT

40%

OF COLLEGE DROPOUTS HAVE PARENTS WITH NOTHING BEYOND A HIGH SCHOOL DIPLOMA



50% OF COLLEGE DROPOUTS HAD INCOMES LOWER THAN \$35,000

THOSE WITHOUT A COLLEGE DEGREE ARE TWICE AS LIKELY TO BE UNEMPLOYED AS THOSE WITH ONE

A COLLEGE DEGREE IS WORTH \$365,000 FOR THE AVERAGE **AMERICAN MAN** AFTER YOU SUBTRACT ALL THE DIRECT AND INDIRECT COSTS OVER A LIFETIME



A COLLEGE DEGREE IS WORTH \$185,000 FOR THE AVERAGE **AMERICAN WOMAN**

DISCOVER THE VALUE OF COLLEGE AT



CollegeAtlas.org

Are they ready?



Adam Kotsko

@adamkotsko



We ask 18-year-olds to make huge decisions about their career and financial future, when a month ago they had to ask to go to the bathroom.

24/11/2013 13:39



Professor of Humanities at Shimer College, Chicago IL.

Views of today's teen population



▶ TIME Magazine – May 2013

Let's Go To Work!

- ▶ The following activities and resources are practical tools that can be used in teen program settings.
- ▶ The average cost of the items used or products purchased range from \$0 to \$20.
- ▶ Feel free to revise, tweak, add your own flavor to any of the activities to better suite your school or center.

You know your population best
and there is no **ONEWAY**.



set your guidelines

The 3R's for Educating Today's Youth

Dr. Umar Johnson

Clinical Psychologist, School Psychologist, Author, Public Speaker

RIGOR

The quality of being extremely thorough, exhausting, or accurate.

Is what I'm teaching the truth, the whole truth, and nothing but the truth? Am I giving students just an overview of the topic/subject? Are my lessons too general? Am I only giving quick stats rather than in-depth information that requires critical thinking skills?

RELEVANCE

Having significant and demonstratable bearing on the matter at hand

Am I providing my students information that's pertinent to who they are, the world they live in, and/or who they want to become? If I provide information about or from yesteryear, am I connecting the dots to show its significance to today? Am I providing information that is culturally appropriate and community appropriate?

RELATIONSHIP

The way in which two or more people or things are connected

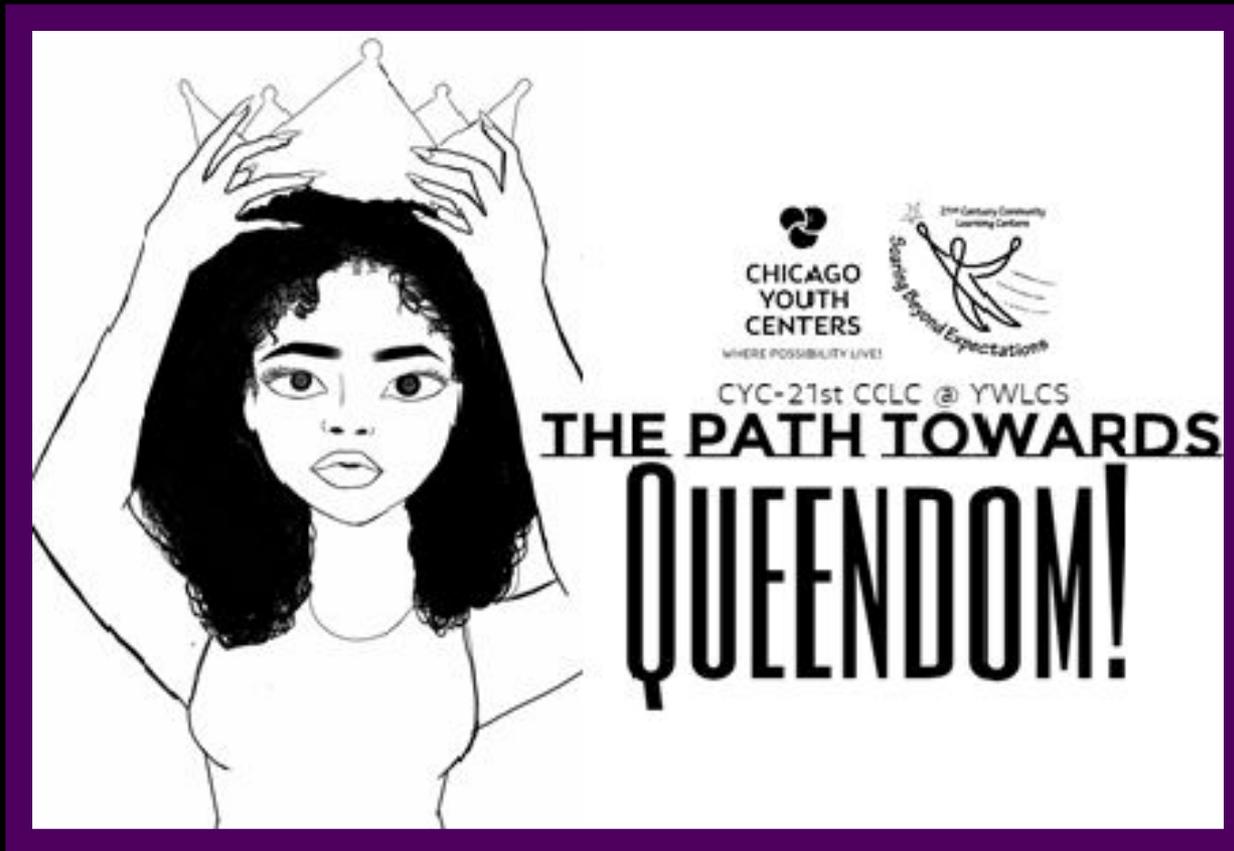
Does this activity assist my students in building positive relationships with each other? Does this activity assist my students in skills to help them build positive relationship with others outside of the program? Am I teaching my students conflict resolution skills and how to eliminate negative relationships? Am I creating positive relationships between me and my students?



KING ME!

Personalizing your OST Programs

In your OST for your teens, is there a vision, a goal, or mission introduced at the beginning of each year?



The Path Towards Queendom: The Vision

TASK: *Personalize the after school program at YWLCS so that every aspect of the program focused on the student's transition into WOMANHOOD.*

The 3E's: The Blueprint

▶ **ENRICH: To improve the quality of someone/something or to make it better**

Will the information in this lesson help the student choose to become the best version of themselves?

▶ **ENLIGHTEN: To give knowledge or understanding , to explain something**

Is the lesson relevant to what the student knows, wants to know, needs to know and is it clearly defined for all learning styles?

▶ **EMPOWER: To equip or supply with an ability**

Will students walk away from the lesson feeling equipped with enough information and tools to either seek further information or put the lesson into action?

YWLCS Kick-Off Party 2015-2016!





REFLECTION

Oh, shift!



Self-Regulation:

Putting Behavior Management in the Hand of Its Owner

Oh, shift!

“The truth is, you can’t control what people say and do, or the unfavorable events that life serves up. ..” Author, Jennifer Powers

Oh, Shift! is a technique that’s helpful in preventing us from using our “KNEE JERK REACTIONS” to react or respond to people, actions, or things that typically provoke a negative reaction out of us.

EXAMPLE:

Imagine driving down the road. Everything is peaceful. You’re on time to wherever you’re headed. Good music on the radio. Snacks on your right side. Sun is shining bright. Suddenly, someone flies by on the side of you, cuts in front of you swiftly, causing you to slam on your breaks..

What is your instant reaction? Be honest!



Oh, shift

▶ **FLIP:**

A situation that doesn't make you upset, but can be annoying.

▶ **FIND:**

A situation that gets under your skin, causing you some anger, but not a reaction. A situation that can stick with you the entire day and stay in your thoughts.

▶ **FREAK:**

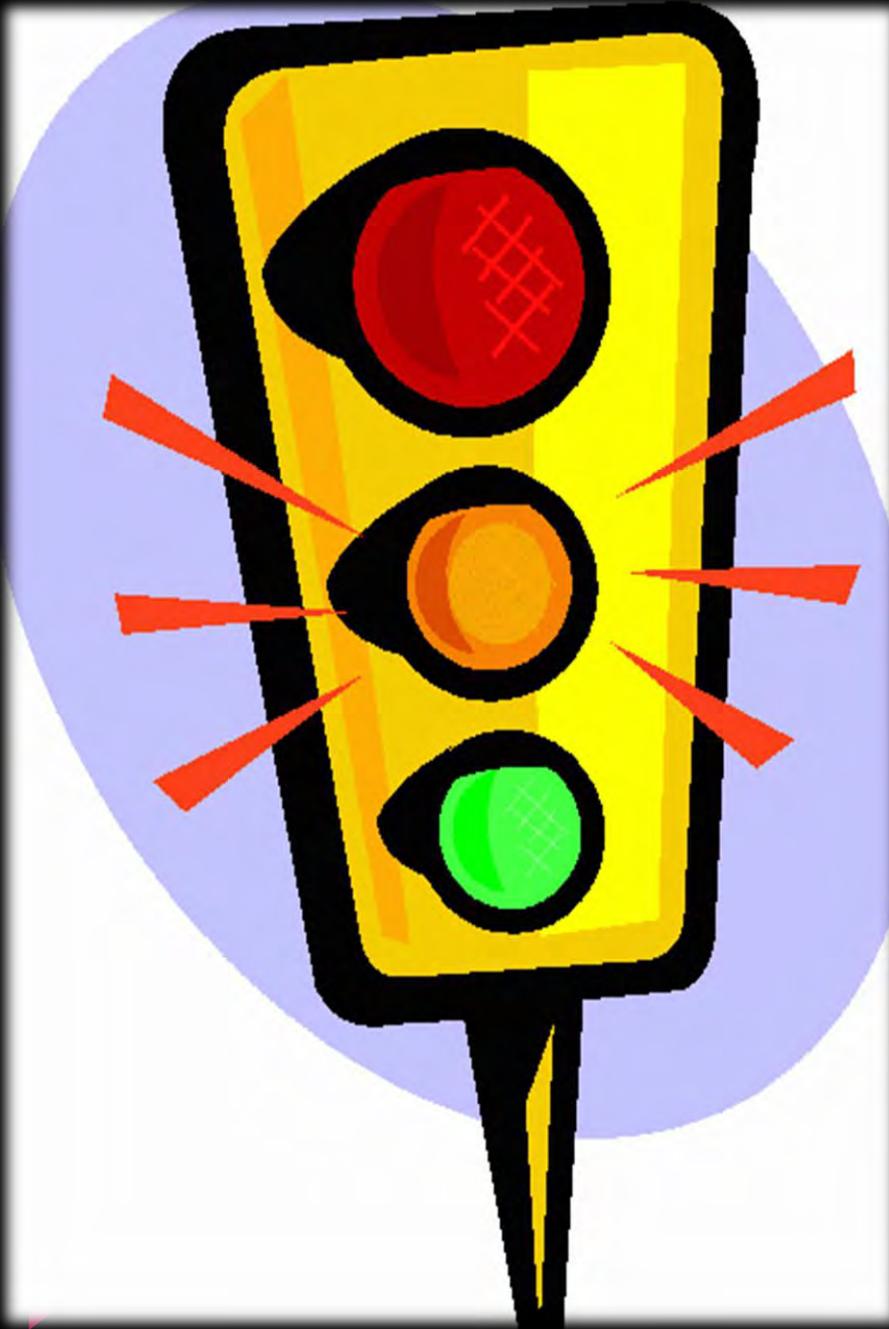
CODE RED!!! You're about to let loose!



Oh, shift

1. Observe and resist your knee-jerk reaction
2. Say “*Oh, shift!*”
3. Choose an appropriate FFF strategy to reframe from the crappy situation.
4. Ask yourself the corresponding question.
5. Feel the shift...*Ahhhhhhh!*





REFLECTION

POP QUIZ: Get Social!

What social media platforms are your students using?



VINE



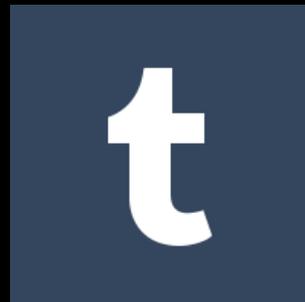
SNAPCHAT



TWITTER



KIK



TUMBLR



INSTAGRAM



GET SOCIAL: The New Kids on the Block



PERISCOPE

“...let’s you explore the world through the eyes of somebody else.”

Periscope is an extension of the app, Twitter, allowing people to give you a front row seat and see the world from their perspective.

Launched March 2015, Periscope was born out of a safety concern in the midst of a protest. One of the creators asked himself, *“What if I could be in the midst of the action from anywhere in the world.”*

Cost: \$0



GET SOCIAL: The New Kids on the Block



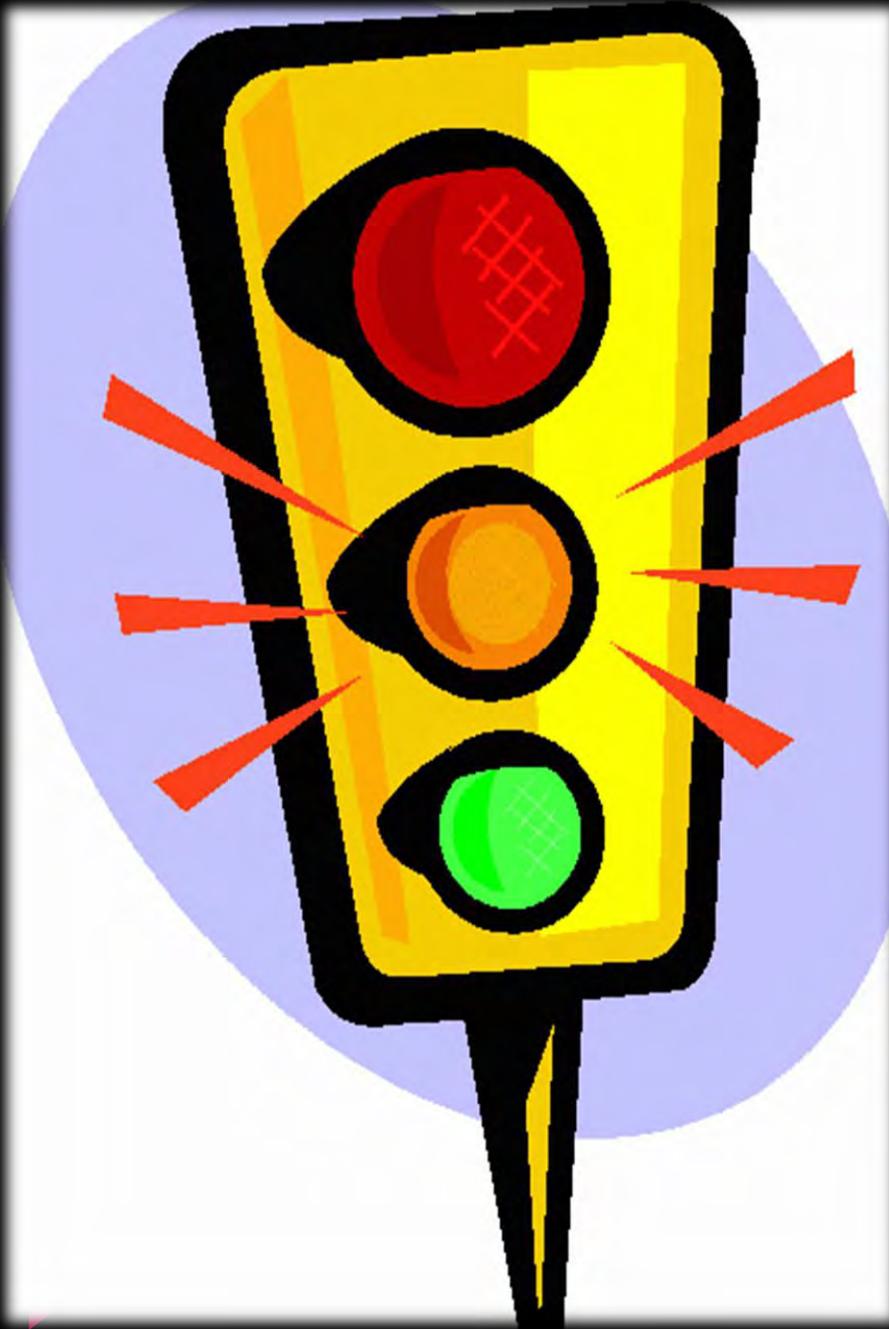
Group video with up to six people at once

“We’re living in the world where we have more friends than ever, but I often don’t feel that connected to any of them through these products. Airtime, on the other hand, is about restoring a sense of intimacy.”

-Creator, Sean Parker

Cost: \$0





REFLECTION

GET SOCIAL: Honorary Mentions



“Digital music service that gives you access to millions of songs”

75 million uses worldwide

Cost

Standard Membership: \$0 (limited access to music catalogue)

Premium Membership: \$9.99 / monthly



GET SOCIAL: Honorary Mentions



Website: www.genius.com / App available for all smart phones

“Genius is the world’s biggest collection of song lyrics and crowd-sourced musical knowledge.

Search Genius for the lyrics to any songs. Click highlighted lines to learn more about them. Along with music, Genius has also included transcripts of literary works, TV and movie scripts, celebrity letters, and even the Chipotle menu.



NETFLIX & LIVE

The Netflix logo, consisting of the word "NETFLIX" in a bold, red, sans-serif font, is positioned in the top right corner of the slide. It is set against a white square background that is slightly blurred.

When planning to watch a movie **WITH** teens...

- ▶ Watch it in advance
 - Know the story line
 - Take notes of what portions of the movie you think are important
 - Jot down some questions for discussion
 - Research other supporting information related to the movie

- ▶ Make sure it has the 3Rs (Rigor, Relevance, and Relationship)

- ▶ Pause for Reflection

Stop at various portions in the movie when a point has been made that should be emphasized, highlighted, or needs the crowd reaction

- ▶ Have a pre/post discussion on the topic
 - Have an overview on the topic/subject that introduces why the movie is significant and to identify what the students know
 - Have a final reflection/discussion, a question and answer period, and provide them with other resources to expand what they've learned



Highly Recommended Viewing for Teens!

NETFLIX



Inside perspective of various ways of life, subcultures,
and parts of life we often overlook



“30 for 30 – BROKE”

“I remember one point seeing
I had like 60-some different cell phones.
I know I only use one.”
- Bernie Kosar



Cardale Jones

@Cordale10



 Follow

Why should we have to go to class if we came
here to play FOOTBALL, we ain't come to
play SCHOOL, classes are POINTLESS

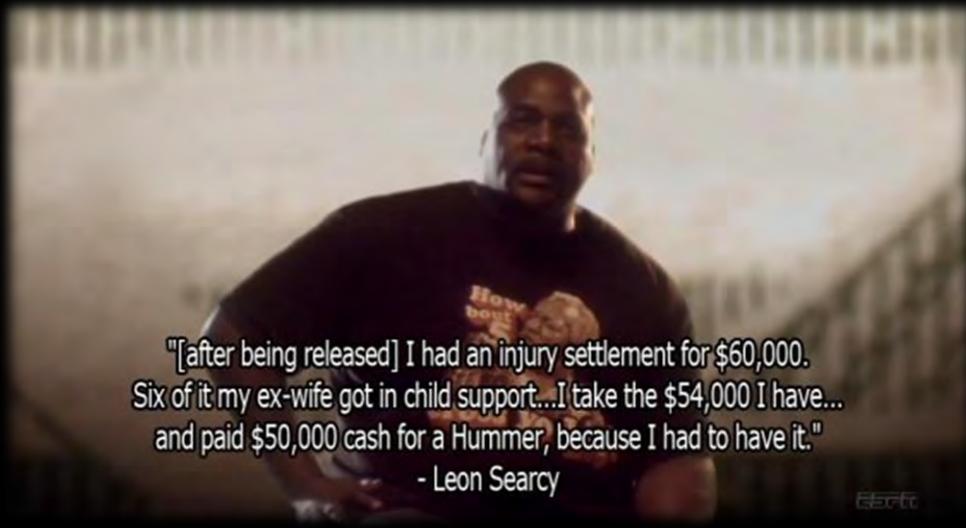
  Retweeted  Favorite

THE ROCK FESTIVAL 2012	
Open for 5 to 6 months yearly	
TAX EVASION	10,000,000
BAD BETS	900,000
BLINGED OUT RIDES	6,000,000
4EA @ 1,500,000/EA	50,000
POPPIN' BOTTLES	700,000
MAKING IT RAIN	
CUTTING SINGLES	3,900,000
3EA @ 1,300,000/EA	
SHADY AGENTS	15,000,000
2EA @ 15M/EA	4,500,000
ALIMONY	
BLOWN OUT KNEES	100,000
2EA @ 50,000/EA	
SUBTOTAL	
TAXES	
TOTAL	BROKE

THANKS FOR PLAYING



PLAY HARD. PAY HARD.
BROKE
HOW PRO ATHLETES GO FROM RICHES TO RAGS

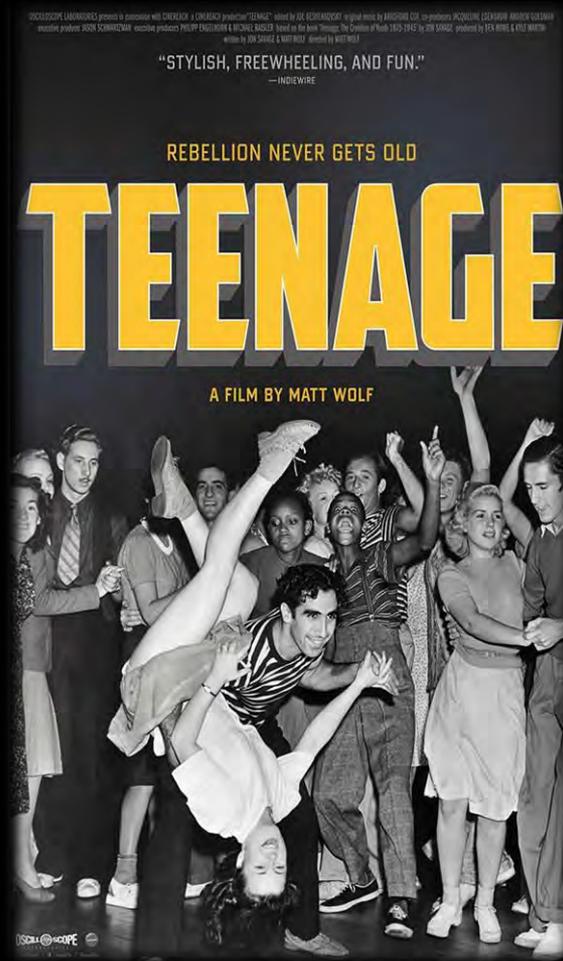
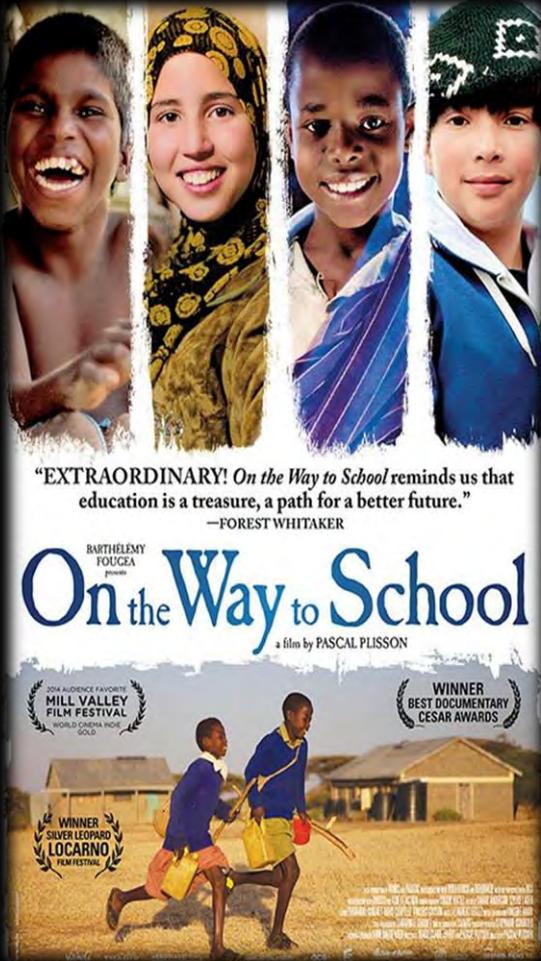


"[after being released] I had an injury settlement for \$60,000.
Six of it my ex-wife got in child support...I take the \$54,000 I have...
and paid \$50,000 cash for a Hummer, because I had to have it."

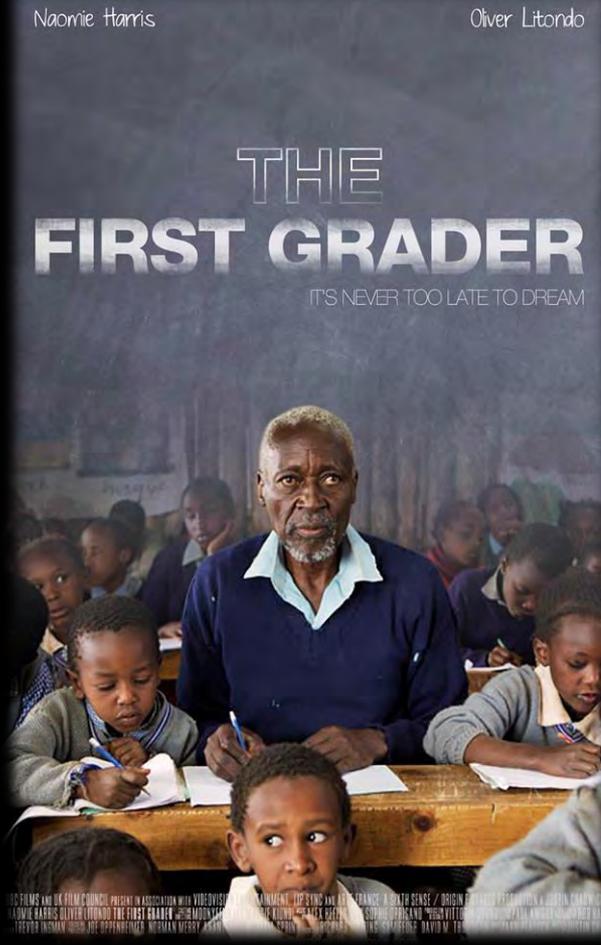
- Leon Searcy



Other Great Netflix Movies for Teen OST Programs



Notable Movies/Videos **NOT** On Netflix



TED
TALKS



TEDTALK

“Hi, I’m Scott”

-Kid Cudi



CROWD PARTICIPATION: Do The Most!

On a scale of 1 – 5, how comfortable are you talking with your teens about their real life issues, concerns, and answering “THOSE” questions?

- 1** – Absolutely **NOT** comfortable talking to my students about their personal life.
- 5** – Absolutely comfortable with addressing questions and concerns that my students have about life and their reality.

Should we, educators of teens/young adults embarking on adulthood, address or answer the personal questions that our students have about adulthood, dating, sexuality, the changing body, health and wellness, hygiene, etc.?



Thinking Inside the Box: “Q&A” / “RERE”

▶ Q&A Box

Once a month, “*Queendom Academy*” Wednesdays featuring an activity that many students turn to as **their voice without the face**. Students write down questions on an index card ANONYMOUSLY and placed them inside the Q&A Box. Once all questions have been submitted, I facilitate an open forum for students to hear answers to their schedules from their peers perspective and the woman’s perspective; myself and their club instructors.

▶ RERE BOX

Every Tuesday & Thursday, the first hour of program is ACADEMICS FIRST! Students use this time to work on homework assignments or projects, go to after school tutoring by the regular day teachers, or receive homework assistance from their CYC Student Tutors.

If the students have completed their homework before we dismiss to club, students must visit **RERE!** (*Read, Research, or Refresh.*)



Last, but never least...

Who you are...

...how you present yourself...

...your authenticity...

...your willingness to be open and honest...

...the words you choose, the dialogues you have...

...are just as important as anything you teach.



YOU are your programs first lesson.



TEDTALK

“Every Kid Needs a Champion”

-Rita Pierson



Thanks for your participation!

Have any questions about the resources or activities mentioned today or if you'd like a copy of the PowerPoint presentation:

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or

rperson@ywlcs.org

